



## Transforming The Aging Experience Inspiring The Art of Living Well Across All of Life's Journey

The Point In Time Collaborative Community Lifestyle is a Blueprint for a better, more exciting living experience, life with purpose and a lower cost of living. A culmination of years of research and a work in progress, leading an effort to transform the aging experience and inspire the art of living well across all of life's journey.

Please take a moment and park everything you know about aging and allow a new way of aging to unfold for a willing and desirous boomer population.

We have empirical evidence that social integration tightly spaced houses in heirloom urban neighborhoods with

interwoven alleys and streets, where people's lives constantly intersect face to face, is key to longevity and a better living experience.



Through the

adaptive reuse of neighborhood Catholic convents, we are reinventing an age-old winning middle-market formula, a tried-and-true way to live into aging that has existed for centuries. We are joining old and new, finite, and infinite and the human touch with a touch of technology to deliver and entirely new lifestyle



Throughout history the convents have always been the **HUB**, the tree of life within the neighborhoods.

Here are just a few of the neighborhood hubs that will deliver a better user experience and change the way middle-market America lives into aging, take a look.

## **BLUE ZONE**



Chicago

**Sardinia** 

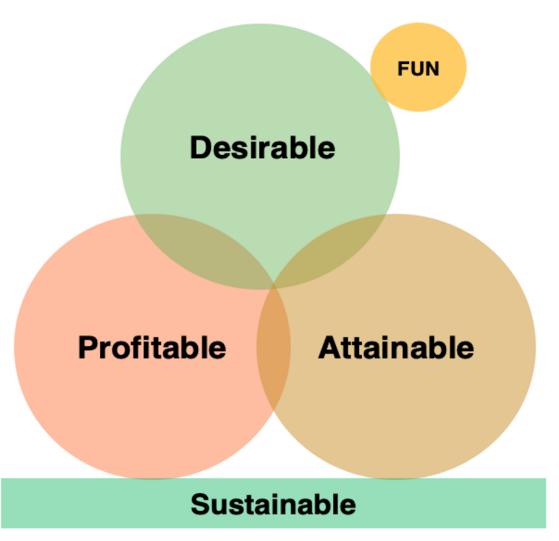
We believe the Heirloom Urban Neighborhoods may just be the final frontier where the seeds of opportunity still exist for Blue Zones.

They just need to be nurtured, cultivated, and left to grow organically and harvested subliminally.

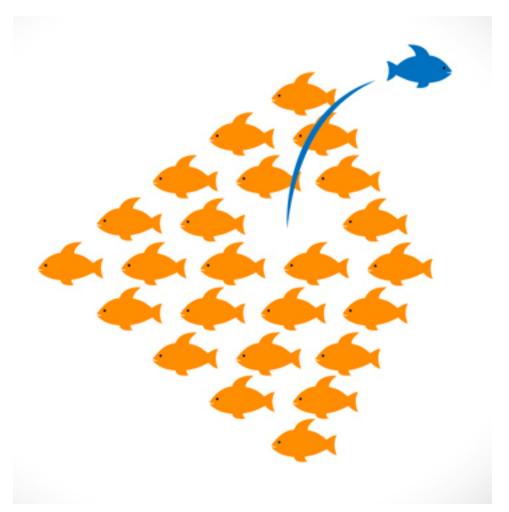
Blue Zones are places in the world where people live longer healthier lives, such as Sardinia, in the Mediterranean, or Loma Linda in California. Sardinia has six times as many centenarians as on the Italian mainland, and 10 times as many as North America.

Collaborative Community Living as the hub of the neighborhood it serves has provided the foundation on which to recreate neighborhood Blue Zones.

## The Essential III



Today, the repositioned convent becomes a multi-faceted machine for living and the cornerstone of the Collaborative Community lifestyle, delivering the essential III, desirability, profitability, and attainability. As we all know, In most cases you only get two of the three. The program is a long-term sustainable solution for middle-market America, an entirely new lifestyle with infinite possibilities.



The Point In Time Collaborative Community Infinite Lifestyle subliminally teaches people how to age successfully by offering them access to the options to do so. It's a vision for living without boundaries. Ideas so extraordinary, so bold some may be unachievable, and some will certainly fail. It is about building a team around advancing a just cause, something bigger than ourselves, a vision of the world we hope to live in and commit to help build. The Point In Time Team is continually striving to make a forever impact in the lives of the people around us and leave something behind that will outlast our finite presence.



Aging may be inevitable, but old age as we know it is certainly not.

The Collaborative Community Lifestyle is a comprehensive program that

comes together around a group of 15 like-minded people, 55 and over, living and working together to deliver a feeling of fellowship, camaraderie, and mutual support, sharing a common home, and growing together in pursuit of life with purpose.

This infinite lifestyle encourages people to come together sooner, rather than later in life and enjoy their second half of life **on their terms**, with the family they choose. It is more than just a home, it's a feeling, an experience that adapts to our wants, needs, and budget across life's journey. It's close to being magic!

The Point in Time Collaborative Community lifestyle is a blank sheet of paper for the second half of life daring members to write their verse.



The Human Centered Design, Generative Space and Social Architecture make up the conscious design of the environment, the foundation for wellbeing and quality of life.

The convents were built to house 30 to 50 sisters. Their bedrooms, or cells as they called them, were very small requiring us to incorporate two or three to make one suite. The common space on the other hand is very generous.

The Human Center Designed, hybrid kitchen simplifies



daily life and is easy for the resident members to use yet accommodates the chef in preparing 15 / 20 meals for the resident members and their guests.

Resident members, along with their personal chef, enjoy a day preparing freezer meals for themselves and the less fortunate.









Collaborative Community Staff
Chef
Life Coach

Housekeeper

Point In Time provides the logistics but Resident Members oversee their own domestic staff. Residents meet with the chef to plan the week's menu to suit their palate and budget.



The Point In Time Personal Assistants, CNAs in most cases support the same community every day building a support system around relationships that deliver a better outcome.

As resident members age up and the need arises, their home adapts to become the care facility as the patient remains humanized as the dweller and continues to enjoy their home, along with the camaraderie and mutual support of their fellow housemates. Within reason, we bring in a care team to meet the resident members' precise, personal solutions.

Neighborhood Accredited Personal Assistants are available beyond the walls of our communities to help the surrounding neighborhood age in place successfully.



The inviting front porch and back patio are part of the magic that cultivates true neighborhood companionship and social connection allowing us to develop and deliver

some unique neighborhood programs that subliminally address loneliness and isolation face to face.

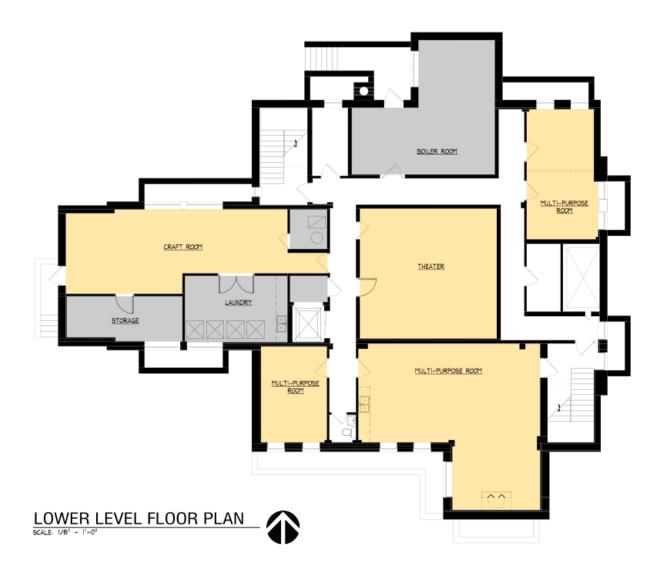


Outside space is a big part of wellbeing as we strive to make a forever impact in the lives of the people around us.



One of the programs we are sketching out that is all about social capital, wellbeing and a better outcome is the neighborhood co-op Coffee shop, run by the resident and neighborhood members. It offers cheap coffee, homemade treats, and an abundance of free camaraderie. With boots on the ground in each neighborhood the PIT Neighborhood Enrichment Hub Team is what makes unique opportunities like this and the Gen 10 Team possible. Check out the turntable on the left. One can just imagine people bringing in their vinyl and talking about the good old days of music.

This is just another intersection for the neighborhood tribe to meet up face to face



The multipurpose space designed around the resident members lifestyle will provide opportunities and life experiences not normally found in median income homes.

We look to design the common areas and supporting fixtures, furniture, and equipment with equal parts of form and function.









Here is an example of how some key elements within the program work in unison to deliver quality of life.

Having the opportunity to gather the resident members prior to construction allows us to customize their home and multi-purpose rooms, delivering precise, personal solutions on many levels. The Point In Time program is not one size fits all. Ask us what we want!!

These are memory rooms, where when the day comes you can't turn a wrench, draw a stitch, or strum a tune you sit with friends over a cup of coffee, and reminisce about the good old days and exercise your mind.







As older adults reach their transition junctures across life's journey, mentoring programs are just one of the many opportunities to share knowledge, wisdom and expertise across generations leaving something behind that outlast our finite presence.

Mentoring matters. Today, via teleteaching, mentoring is no longer a stumbling block. Older adults from across disciplines have the ability to share their knowledge, wisdom, and experience effectively across generations.



Each suite has its own human center designed Bathroom with smart toilets, smart mirrors, and incognito safety equipment.



Personal suites become home offices by day, encouraging encore careers and online education programs.



Each community will share a cutting-edge Tesla electric car, eliminating the need to own and maintain a car in many cases.

Tesla's self-driving technology is the future in transportation and restores the freedom of the open road. Just imagine a group of older adults, none of them holding a driver's license anymore, taking a ride down to the lake front.



Each Community will host two charging stations, one for the Collaborative Community and one for the neighborhood.



The simplicity of mutual support, as housemates become "Pill Pals", helping each other with the important task of getting medications right.



Gone are the days of heavy baskets, flights of stairs and monotonous minutes spent watching laundry tumble. Laundry carts, elevators, and state of the art equipment make laundry less of a chore. With multiple machines and the camaraderie of house mates, doing the wash can be fun and enjoyable.



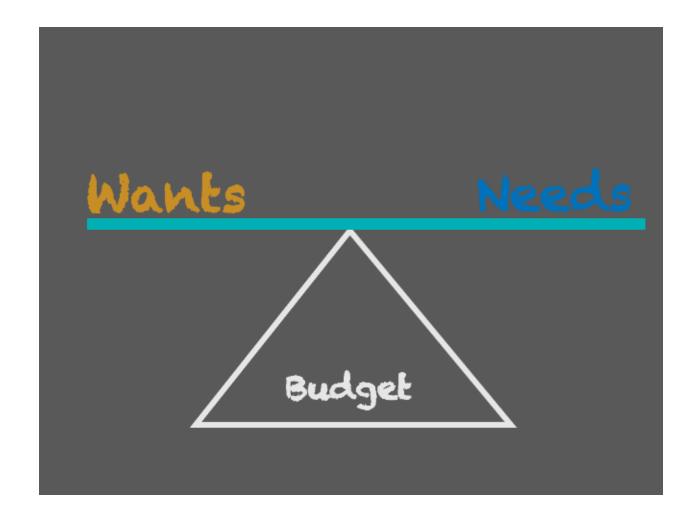
**Sharing Life's Adventures** 

**Podcast** 

Webinars



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Collaborative Community Lifestyle = Precise, Personal Solutions Designed to Meet Wants, Needs and Budget.